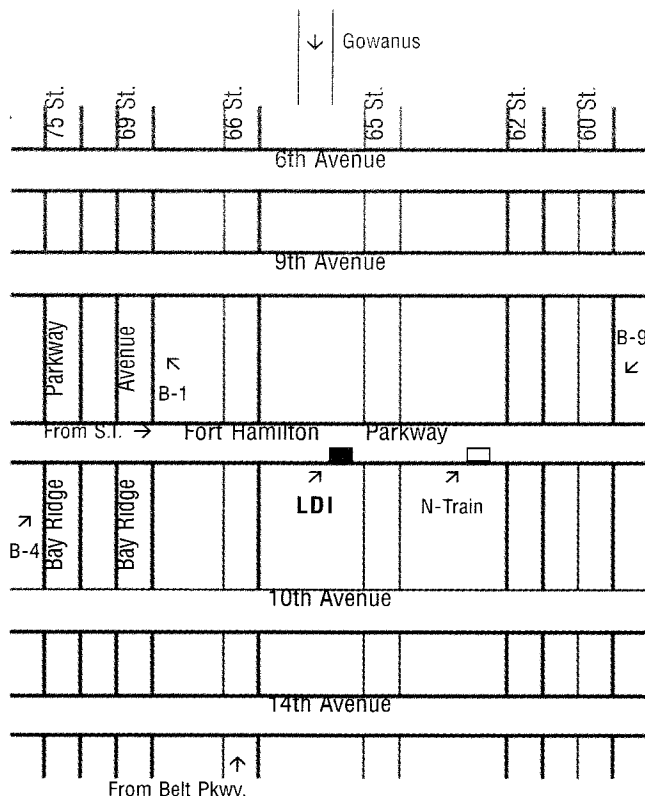


PATIENT INSTRUCTIONS

PLEASE ARRIVE 15 MINUTES PRIOR TO YOUR SCHEDULED APPOINTMENT AND BRING YOUR INSURANCE INFORMATION.

- MR:** Wear comfortable clothing that does not contain metal fasteners. Do not wear jewelry, eye makeup, or hair clips. If you wish, bring an audio tape or CD to enjoy during your procedure. For abdominal and pelvis MRI's, nothing to eat or drink 3 hours before exam.
- CT SCAN WITH CONTRAST:** Nothing to eat or drink 3 hours before. Need bloodwork results (Bun or Creatinine within the last 3 months).
- CT WITHOUT CONTRAST:** No preparation necessary.
- PET/CT:** Call for preparation.
- BARIUM ENEMA:** Patients must obtain Prescription for Golytely. Beginning 12 Noon-day before patient must start clear liquid diet (sugar free jello, water, chicken broth, clear fruit juices). At 5 PM mix Golytely and take as directed on bottle. 1 hour after finishing Golytely, take 2 ducolax tablets. After 12 Midnight **NO SOLIDS OR LIQUIDS.**
- IVP:** PT must drink 2 oz. of castor oil mixed with 8 oz. of juice at 7:00 pm the night before exam. After 12 midnight no solids or liquids.
- UPPER G.I., SMALL BOWEL, ESOPHOGRAM:** Nothing to eat or drink after Midnight.
- ABDOMINAL SONOGRAPHY:**
For Morning Examination: Do not eat anything after midnight or on the morning of your examination.
For Afternoon Examination: You may have a clear liquid breakfast, but absolutely nothing to eat for at least 5 hours prior to your examination.
- RENAL, PELVIC OR OBSTETRIC SONOGRAPHY:**
Empty your bladder 1 hours before your exam, and drink four 8 ounce glasses of water. Do not urinate after drinking. It is important that you come to the office with a full bladder. You should eat your usual meals while preparing for this examination.
- MAMMOGRAM:** Wear a 2 piece outfit. Do not use deodorant, perfume or powder on the underarms or breasts the day of the exam. Bring previous Mammogram film if not done at Lerman Diagnostic.



DIRECTIONS TO LERMAN DIAGNOSTIC IMAGING

BY BUS: B-16 stop between 65th & 66th Sts., B-1, B-4, B-9 all connect to B-16 at Fort Hamilton Pkwy.

BY CAR:

From Belt Parkway: Exit 4 Bay 8th St. & 14th Ave., make a right onto 14th Ave., make left on 66th St., make right onto Ft. Hamilton Pkwy.

From Manhattan: Take Gowanus towards Staten Island, exit at 6th Ave., make left and first right onto 65th St., make right onto Fort Hamilton Pkwy.

From Staten Island: Exit at Fort Hamilton Pkwy. bear right follow Fort Hamilton Pkwy to LDI Imaging Center between 65th & 66th Sts.

BY TRAIN: N-Train to Fort Hamilton Pkwy. station, walk 3 blocks towards 65th St. (see map).